

PEOPLE

Main theme addressed	In this lesson you will learn to talk about the most frequent health problems, some types of illness and their corresponding remedies.
Key goals	Here is an outline of what you will learn today: <ol style="list-style-type: none">1. Types of people2. Describe people's physical appearance3. Describe people's personality

When speaking of more than one **person**, we use the term **people**.

1. Types of people

a colleague

- A person or a group of people who work with you.
- Example: I often have lunch with my colleague at the restaurant near the office.

a boss

- The person who leads the company you work for and tells you what to do.
- Example: My boss gave me good feedback for the annual report.

a supervisor

- One of your colleagues who is responsible for telling you your tasks and supervising your work.
- Example: My supervisor is always very helpful.

a neighbour

- A person who lives next door to you.
- Example: My neighbour is very friendly, we always chat in the corridor.

a flatmate

- A person who shares an apartment with you.
- Example: My flatmate always leaves dirty dishes in the sink.

an acquaintance

- A person who you have met but don't know very well.
- Example: An acquaintance of mine moved to Spain.

a friend

- A person you trust, like and spend time with.
- Example: A friend of mine recommended that film.

a best friend

- A person you trust, share a lot of things with and spend a lot of time with.
- Example: I have known my best friend since I was five years old.

a boyfriend / a girlfriend

- A person you are in a romantic relationship with, spend a lot of time with and may become your life partner or a part of your family at some point.
- Example: My boyfriend bought me flowers on my birthday.

a fiancé/ fiancée

- A person you are planning to marry.
- Example: I introduced my fiancé to my grandparents and they loved him.

Exercise:

Circle the word that fits into the sentence.

1. She used to be my _____, I lived in the first floor flat and she lived on the second floor.

friend / neighbour / boss / colleague / boyfriend

2. My _____ told me today that I had done a great job with the presentation.

friend / neighbour / boss / colleague / boyfriend

3. I had an awful argument with my _____ I told him I want to move in together and he said it is too soon.

friend / neighbour / boss / colleague / boyfriend

4. Me and a good _____ of mine went shopping yesterday.

friend / neighbour / boss / colleague / boyfriend

5. I went out for a drink with my _____ after work.

friend / neighbour / boss / colleague / boyfriend

2. Describing people's physical appearance

There are many adjectives for describing a person's physical appearance. Here are some common ones:

tall

- Example: Matthew is very tall, you can see him a mile away.

short

- Example: I am very short, I can't reach the top shelf.

thin

- slim, slender, lean, skinny
- Example: Tom is so slim, he is almost too skinny.

fat

- overweight, heavy
- Example: My mother has become overweight in the past few years.

robust

- stout, burly, stocky
- Example: He looks very strong, he has a robust build.

fit

- healthy, athletic, active
- Example: I try to stay fit by eating healthy and exercising.

curvaceous

- a full figure
- Example: That actress is not slim, she is very curvaceous.

Here are some adjectives for describing facial features:

bushy eyebrows

- lots of thick hair on your eyebrows
- **Example:** Bushy eyebrows are in fashion nowadays.

high cheekbones

- prominent cheekbones
- **Example:** She looks like a model, she has high cheekbones.

a broad nose

- a wide nose, opposite of a narrow nose
- **Example:** She has a broad nose but it suits her.

a snub nose

- a small nose that goes up at the end
- **Example:** He has a snub nose like his mother.

even or regular teeth

- straight teeth
- **Example:** I am lucky, I have always had regular teeth.



crooked teeth

- teeth that are not straight
- **Example:** I had crooked teeth as a child, and that's why I had braces in school.

dimples

- when smiling, little hollows that appear in your cheeks
- **Example:** That baby has such cute dimples when he smiles!

Here are some adjectives for describing hair:

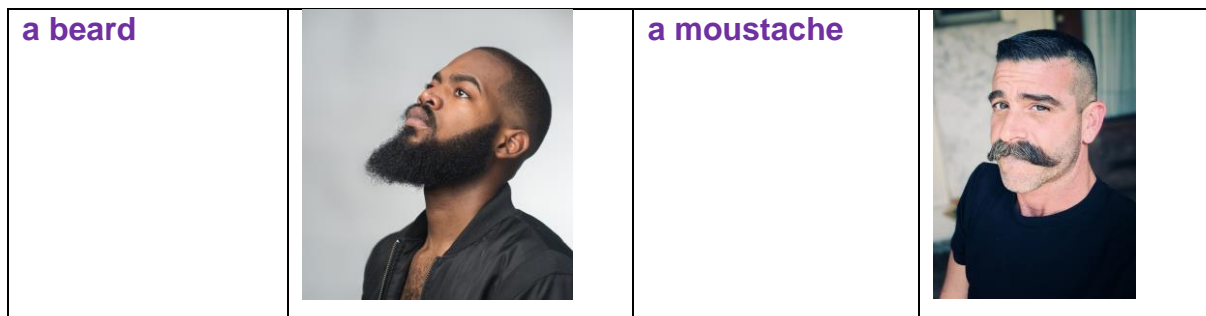
<p>long hair</p>		<p>short hair</p>	 <p><small>ANH CO TRAN MISTERANHCOTRAN.COM</small></p>
<p>straight hair</p>		<p>curly hair</p>	 <p><small>Sellhaironline.com</small></p>
<p>fine hair</p>		<p>thick hair</p>	
<p>wavy hair between straight and curly</p>			

Hair colours: red, blonde, dark brown, medium brown, dark, black, grey...



Hairstyles:





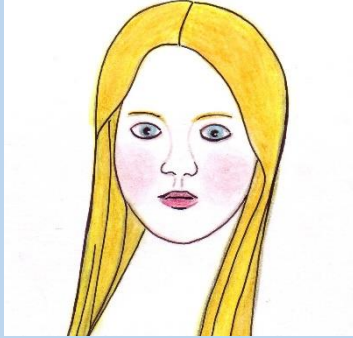
Exercise

Select the appropriate adjectives.

1. My father has quite _____ hair.
– **strong / thick / bald**
2. Do you think that models are too _____?
– **fat / skinny / old**
3. She has very _____ hair, it gets very frizzy in the rain.
– **straight / curly / bald**
4. My friend is very _____ and healthy because she plays a lot of sport.
– **fit / fat / skinny**
3. My mother has a beautiful smile and _____ teeth.
– **curly / crooked / even**
4. She has her hair up in a _____ when she is dancing.
– **bun / fringe / bob**
5. She is not thin but has a very full, _____ body.
– **robust / snub / curvaceous**
6. My father has blonde hair but my mother has _____ hair.
– **bald / short / dark**

Exercise

Select the correct words to describe the people:



1. Maria has _____ hair.
– short blonde / long blonde / long dark

1. She has rosy _____.

– cheeks / eyes / hair



2. Maki has _____ hair.

– short and straight / short and curly / bald and straight

3. She has _____ eyes.

– brown / black / blue



4. Therese has _____ hair.

– short and curly / straight red / curly red

5. She has _____.

– green eyes and rosy cheeks / rosy hair and cheeks / green eyes and blonde hair



6. Ann has _____.

– **glasses / fringe / blonde hair**

7. She wears her hair _____.

– **in a ponytail / in a bun / in braids**



8. Tom has short and _____ hair.

– **wavy / fine / curly**

9. He has _____ skin.

– **pale / dark / blonde**

3. Describing people's personality

Personality refers to an individual's unique tendencies to behave, think and react in a particular way. Most agree that personalities are the results of culture and background as well as individual traits.

calm

- Someone with a calm personality does not show emotions or get agitated easily.
- Example: She is always calm and composed, no matter what happens.
- Related adjectives: serene, tranquil, unagitated

confident

- Someone who has good self-esteem and is sure of him/herself.

arrogant:

- Someone who feels self-important. Someone who thinks too highly of him/herself and thinks their opinions are superior to those of others.
- Example: He was so arrogant that he assumed no one else knew anything about the topic.
- Related adjectives: obnoxious

humble

- Considerate of others, acknowledging of one's limitations.
- Example: He is very successful but he is still humble, that's not common.
- Related adjectives: meek, modest

eccentric:

- Eccentric personalities are different from other people. They are unusual and some people consider them strange.
- Example: My friend is quite eccentric, he wears only red leather all the time.
- Related adjectives: bizarre, quirky

charismatic

- Someone charming, who can easily win other people's attention and affection.
- Example: The lead singer is so charismatic, I can hardly take my eyes off him.
- Related adjectives: magnetic

affectionate

- Someone who is very loving.
- Example: My boyfriend is very affectionate.
- Related adjectives: caring, loving

caring

- Someone who takes care of those close to them.
- Example: She is extremely sweet and caring with her family.
- Related adjectives: affectionate, loving

boring

- Someone who is not very interesting (a negative adjective).
- Example: He was so boring, all he could talk about was his car.
- Related adjectives:

shy

- Someone who is anxious around people, quiet and does not like talking to people he/she doesn't know.
- Example: She is so shy. She avoids situations with a lot of people.
- Related adjectives: Introverted

talkative

- Someone who talks a lot.
- Example: Matt is much more talkative than me, he was talking most of the time.
- Related adjectives: chatty

sympathetic

- Someone who understands and listens to people.
Example: He is always sympathetic to my problems.

- Related adjectives: Empathic, understanding, considerate, kind

anxious

- Someone who worries a lot.
- Example: She is anxious about flying.
- Related adjectives: nervous, worried

bad-tempered

- Someone who gets angry a lot.
- Example: My grandmother was quite bad-tempered, she was always yelling at people.
- Related adjectives: Aggressive, grumpy

clever

- Someone who is very smart.
- Example: He is so smart, he knew what I meant immediately.
- Related adjectives: Smart, intelligent

happy

- Someone who is positive and on a good mood.
- Example: He is always happy, even when there are problems.
- Related adjectives: joyful

extroverted

- Someone who is very outgoing and likes being around people.
- Example: She is extroverted – always meeting new people.
- Related adjectives: Sociable, outgoing

introverted

- Someone who is very quiet and shy around people (opposite of extroverted).
- Example: She is very introverted, she barely goes out.
- Related adjectives: shy

reliable

- Someone you can rely on.

- Example: He is very reliable, I can always trust him to be there for me.
- Related adjectives: Dependable, trustworthy

Exercise:

Select the appropriate adjective in the list after the sentence. Write it down in the gap.

1. He is very _____. He just walked up to me and asked for my phone number.

- **confident / shy / caring / sympathetic / reliable**

2. She is the most _____ I know. If I need her, she is always there.

- **confident / reliable / anxious / introverted / extroverted**

3. My sister is _____ - she almost never leaves the house.

- **happy / shy / sympathetic / reliable / bad-tempered**

4. He is a _____ person – he never gets angry.

- **shy / reliable / extroverted / anxious / calm**

5. I would describe her as _____. She wears very unusual clothes and seems to like shocking people by saying strange things.

- **shy / extroverted / caring / eccentric / calm**

6. He is so intelligent but also very _____. He doesn't seem to think he is better than anyone else.

- **calm / arrogant / talkative / humble / happy**



Learn more:

<https://www.speaklanguages.com/english/vocab/describing-people>

<https://www.excellentesl4u.com/esl-describing-people-vocabulary.html>

<https://www.youtube.com/watch?v=x0YQX7gGkQs>