

## PEOPLE

<b>Main theme addressed</b>	<b>In this lesson you will learn to talk about the most frequent health problems, some types of illness and their corresponding remedies.</b>
<b>Key goals</b>	<b>Here is an outline of what you will learn today:</b> <ol style="list-style-type: none"><li><b>1. Types of people</b></li><li><b>2. Describe people's physical appearance</b></li><li><b>3. Describe people's personality</b></li></ol>

When speaking of more than one **person**, we use the term **people**.

### 1. Types of people

#### **a colleague**

- A person or a group of people who work with you.
- Example: I often have lunch with my colleague at the restaurant near the office.

#### **a boss**

- The person who leads the company you work for and tells you what to do.
- Example: My boss gave me good feedback for the annual report.

#### **a supervisor**

- One of your colleagues who is responsible for telling you your tasks and supervising your work.
- Example: My supervisor is always very helpful.

### **a neighbour**

- A person who lives next door to you.
- Example: My neighbour is very friendly, we always chat in the corridor.

### **a flatmate**

- A person who shares an apartment with you.
- Example: My flatmate always leaves dirty dishes in the sink.

### **an acquaintance**

- A person who you have met but don't know very well.
- Example: An acquaintance of mine moved to Spain.

### **a friend**

- A person you trust, like and spend time with.
- Example: A friend of mine recommended that film.

### **a best friend**

- A person you trust, share a lot of things with and spend a lot of time with.
- Example: I have known my best friend since I was five years old.

### **a boyfriend / a girlfriend**

- A person you are in a romantic relationship with, spend a lot of time with and may become your life partner or a part of your family at some point.
- Example: My boyfriend bought me flowers on my birthday.

### **a fiancé/ fiancée**

- A person you are planning to marry.
- Example: I introduced my fiancé to my grandparents and they loved him.

**Exercise:**

**Circle the word that fits into the sentence.**

1. She used to be my \_\_\_\_\_, I lived in the first floor flat and she lived on the second floor.

**friend / neighbour / boss / colleague / boyfriend**

2. My \_\_\_\_\_ told me today that I had done a great job with the presentation.

**friend / neighbour / boss / colleague / boyfriend**

3. I had an awful argument with my \_\_\_\_\_ I told him I want to move in together and he said it is too soon.

**friend / neighbour / boss / colleague / boyfriend**

4. Me and a good \_\_\_\_\_ of mine went shopping yesterday.

**friend / neighbour / boss / colleague / boyfriend**

5. I went out for a drink with my \_\_\_\_\_ after work.

**friend / neighbour / boss / colleague / boyfriend**

Answers

1. neighbour
2. boss
3. boyfriend
4. friend
5. colleague

## 2. Describing people's physical appearance

There are many adjectives for describing a person's physical appearance. Here are some common ones:

### **tall**

- Example: Matthew is very tall, you can see him a mile away.

### **short**

- Example: I am very short, I can't reach the top shelf.

### **thin**

- slim, slender, lean, skinny
- Example: Tom is so slim, he is almost too skinny.

### **fat**

- overweight, heavy
- Example: My mother has become overweight in the past few years.

### **robust**

- stout, burly, stocky
- Example: He looks very strong, he has a robust build.

### **fit**

- healthy, athletic, active
- Example: I try to stay fit by eating healthy and exercising.

### **curvaceous**

- a full figure
- Example: That actress is not slim, she is very curvaceous.

Here are some adjectives for describing facial features:

### **bushy eyebrows**

- lots of thick hair on your eyebrows
- **Example:** Bushy eyebrows are in fashion nowadays.

### **high cheekbones**

- prominent cheekbones
- **Example:** She looks like a model, she has high cheekbones.

### **a broad nose**

- a wide nose, opposite of a narrow nose
- **Example:** She has a broad nose but it suits her.

### **a snub nose**

- a small nose that goes up at the end
- **Example:** He has a snub nose like his mother.

### **even or regular teeth**

- straight teeth
- **Example:** I am lucky, I have always had regular teeth.



### **crooked teeth**

- teeth that are not straight
- **Example:** I had crooked teeth as a child, and that's why I had braces in school.

### **dimples**

- when smiling, little hollows that appear in your cheeks
- **Example:** That baby has such cute dimples when he smiles!

Here are some adjectives for describing hair:

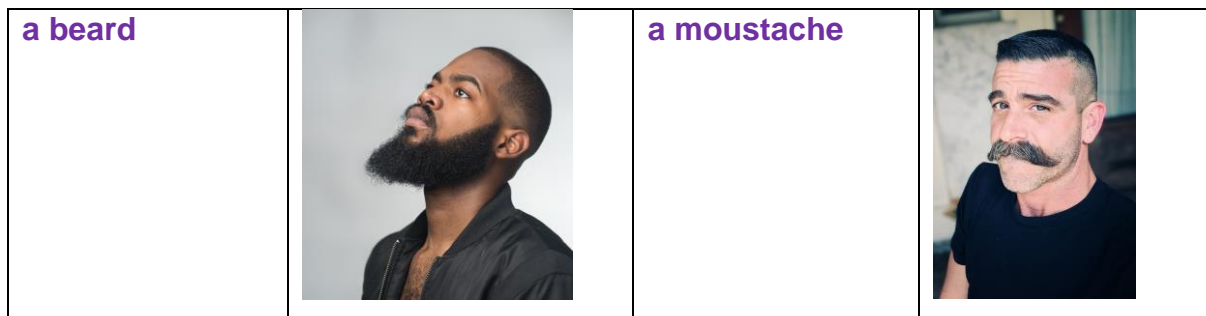
<p><b>long hair</b></p>		<p><b>short hair</b></p>	 <p><small>ANH CO TRAN MISTERANHCOTRAN.COM</small></p>
<p><b>straight hair</b></p>		<p><b>curly hair</b></p>	 <p><small>Sellhaironline.com</small></p>
<p><b>fine hair</b></p>		<p><b>thick hair</b></p>	
<p><b>wavy hair</b> between straight and curly</p>			

**Hair colours:** red, blonde, dark brown, medium brown, dark, black, grey...



**Hairstyles:**





### Exercise

Select the appropriate adjectives.

- My father has quite \_\_\_\_\_ hair.  
– **strong / thick / bald**
- Do you think that models are too \_\_\_\_\_?  
– **fat / skinny / old**
- She has very \_\_\_\_\_ hair, it gets very frizzy in the rain.  
– **straight / curly / bald**
- My friend is very \_\_\_\_\_ and healthy because she plays a lot of sport.  
– **fit / fat / skinny**
- My mother has a beautiful smile and \_\_\_\_\_ teeth.  
– **curly / crooked / even**
- She has her hair up in a \_\_\_\_\_ when she is dancing.  
– **bun / fringe / bob**
- She is not thin but has a very full, \_\_\_\_\_ body.  
– **robust / snub / curvaceous**
- My father has blonde hair but my mother has \_\_\_\_\_ hair.  
– **bald / short / dark**



## Answers

1. thick
2. skinny
3. curly
4. fit
5. even
6. bun
7. curvaceous
8. dark

### Exercise

Select the correct words to describe the people:



1. Maria has \_\_\_\_\_ hair.  
– short blonde / long blonde / long dark

1. She has rosy \_\_\_\_\_.  
– cheeks / eyes / hair



2. Maki has \_\_\_\_\_ hair.  
– short and straight / short and curly / bald and straight

3. She has \_\_\_\_\_ eyes.  
– brown / black / blue

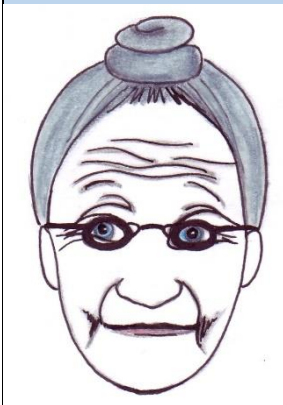


4. Therese has \_\_\_\_\_ hair.

– **short and curly / straight red / curly red**

5. She has \_\_\_\_\_.

– **green eyes and rosy cheeks / rosy hair and cheeks / green eyes and blonde hair**

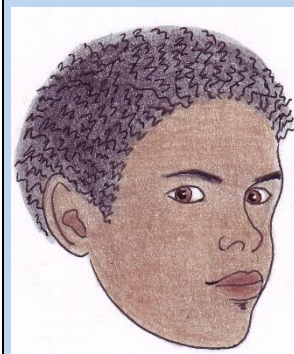


6. Ann has \_\_\_\_\_.

– **glasses / fringe / blonde hair**

7. She wears her hair \_\_\_\_\_.

– **in a ponytail / in a bun / in braids**



8. Tom has short and \_\_\_\_\_ hair.

– **wavy / fine / curly**

9. He has \_\_\_\_\_ skin.

– **pale / dark / blonde**

## Answers

1. long blonde
2. cheeks
3. short and straight
4. brown
5. curly red
6. green eyes and rosy cheeks
7. glasses
8. in a bun
9. curly
10. dark

### 3. Describing people's personality

Personality refers to an individual's unique tendencies to behave, think and react in a particular way. Most agree that personalities are the results of culture and background as well as individual traits.

#### **calm**

- Someone with a calm personality does not show emotions or get agitated easily.
- **Example: She is always calm and composed, no matter what happens.**
- Related adjectives: serene, tranquil, unagitated

#### **confident**

- Someone who has good self-esteem and is sure of him/herself.

#### **arrogant:**

- Someone who feels self-important. Someone who thinks too highly of him/herself and thinks their opinions are superior to those of others.
- **Example: He was so arrogant that he assumed no one else knew anything about the topic.**
- Related adjectives: obnoxious

### **humble**

- Considerate of others, acknowledging of one's limitations.
- **Example: He is very successful but he is still humble, that's not common.**
- Related adjectives: meek, modest

### **eccentric:**

- Eccentric personalities are different from other people. They are unusual and some people consider them strange.
- **Example: My friend is quite eccentric, he wears only red leather all the time.**
- Related adjectives: bizarre, quirky

### **charismatic**

- Someone charming, who can easily win other people's attention and affection.
- **Example: The lead singer is so charismatic, I can hardly take my eyes off him.**
- Related adjectives: magnetic

### **affectionate**

- Someone who is very loving.
- **Example: My boyfriend is very affectionate.**
- Related adjectives: caring, loving

### **caring**

- Someone who takes care of those close to them.
- **Example: She is extremely sweet and caring with her family.**
- Related adjectives: affectionate, loving

### **boring**

- Someone who is not very interesting (a negative adjective).
- **Example: He was so boring, all he could talk about was his car.**
- Related adjectives:

### **shy**

- Someone who is anxious around people, quiet and does not like talking to people he/she doesn't know.

- Example: She is so shy. She avoids situations with a lot of people.
- Related adjectives: Introverted

### **talkative**

- Someone who talks a lot.
- Example: Matt is much more talkative than me, he was talking most of the time.
- Related adjectives: chatty

### **sympathetic**

- Someone who understands and listens to people.  
Example: He is always sympathetic to my problems.
- Related adjectives: Empathic, understanding, considerate, kind

### **anxious**

- Someone who worries a lot.
- Example: She is anxious about flying.
- Related adjectives: nervous, worried

### **bad-tempered**

- Someone who gets angry a lot.
- Example: My grandmother was quite bad-tempered, she was always yelling at people.
- Related adjectives: Aggressive, grumpy

### **clever**

- Someone who is very smart.
- Example: He is so smart, he knew what I meant immediately.
- Related adjectives: Smart, intelligent

### **happy**

- Someone who is positive and on a good mood.
- Example: He is always happy, even when there are problems.
- Related adjectives: joyful

### **extroverted**

- Someone who is very outgoing and likes being around people.
- **Example: She is extroverted – always meeting new people.**
- Related adjectives: Sociable, outgoing

### **introverted**

- Someone who is very quiet and shy around people (opposite of extroverted).
- **Example: She is very introverted, she barely goes out.**
- Related adjectives: shy

### **reliable**

- Someone you can rely on.
- **Example: He is very reliable, I can always trust him to be there for me.**
- Related adjectives: Dependable, trustworthy

**Exercise:**

**Select the appropriate adjective in the list after the sentence. Write it down in the gap.**

1. He is very \_\_\_\_\_. He just walked up to me and asked for my phone number.

**- confident / shy / caring / sympathetic / reliable**

2. She is the most \_\_\_\_\_ I know. If I need her, she is always there.

**- confident / reliable / anxious / introverted / extroverted**

3. My sister is \_\_\_\_\_ - she almost never leaves the house.

**- happy / shy / sympathetic / reliable / bad-tempered**

4. He is a \_\_\_\_\_ person – he never gets angry.

**- shy / reliable / extroverted / anxious / calm**

5. I would describe her as \_\_\_\_\_. She wears very unusual clothes and seems to like shocking people by saying strange things.

**- shy / extroverted / caring / eccentric / calm**

6. He is so intelligent but also very \_\_\_\_\_. He doesn't seem to think he is better than anyone else.

**- calm / arrogant / talkative / humble / happy**

## Answers

1. confident
2. reliable
3. shy
4. calm
5. eccentric
6. humble

## Learn more:

<https://www.speaklanguages.com/english/vocab/describing-people>

<https://www.excellentesl4u.com/esl-describing-people-vocabulary.html>

<https://www.youtube.com/watch?v=x0YQX7gGkQs>