

DAILY ROUTINE

Main theme	In this lesson, you will learn vocabulary to talk
addressed	about your daily routine and activities.
Key Goals	Here is an outline of what you will learn today:
	1. Your personal daily routine
	2. Activities
	3. Cleaning
	4. Going somewhere

1. Basic vocabulary about daily routine

Let's start with some basic vocabulary to help you talk about your personal daily routine.

You will find these elements in the vocabulary list with a picture on the following page.



brush your teeth	
brush your hair / comb your hair	
feed the cat	
get dressed	
get home	



go to bed have breakfast have lunch make dinner/ cook dinner have dinner



wake up put make up on put my shoes on take a shower / have a shower take a bath / have a bath





Exercise:		
Fill the gap in the following sentences.		
1.	I at 7 am every day.	
2.	I don't have a bath in the morning, I take a	
3.	I my dog twice a day.	

2. Activities

What do you do during the day? Here's some vocabulary to help you say it!

exercise	
go out with a friend	
go shopping	Hens



go to school have a break (u.k) - take a break (u.s) play the guitar read the news surf the net / go on the internet



walk the dog	
water the plant	

Exercise:	
Fill the gap in the following sentences.	
1. I ate too much around Christmas. I need to do	o some!
2. Every weekend I	_ with my friends.
3. I can't keep any plants, I always forget to	them.

3. Cleaning

Cleaning is not fun, but it must be done! Here are some expressions to help you tell what you clean.

clean the window







cut the grass	
do the dishes	
do the laundry	
fold the clothes	
hang the clothes	



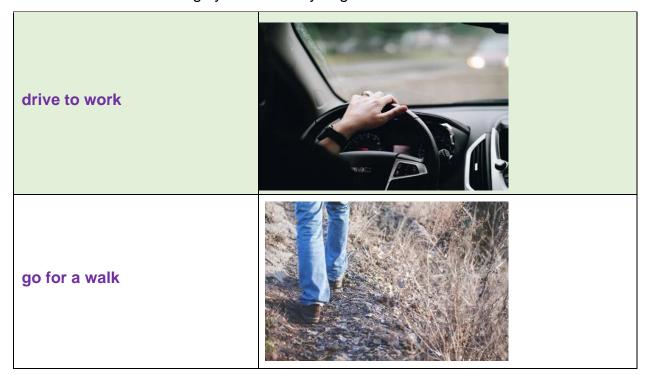
iron the clothes	
make the bed	
wash the car	
sweep the floor	
take out the rubbish	



Ex	Exercise:		
Fill the gap in the following sentences.			
1.	I my bed every morning.		
2.	I have dust allergy; it is difficult for me to	the floor.	
3.	For hygiene reasons, it is important to take out the		
	regularly.		

4. Going somewhere

Here are the different things you do when you go somewhere.





take a taxi / take a cab



wait for the bus



Ex	Exercise:		
Fill the gap in the following sentences.			
1.	In the countryside, you	a long time for the bus.	
2.	I often	a walk when I get stressed.	
3.	I	_ to work every morning.	

Learn More:

 $\underline{\text{https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/daily-routine}\\$

https://learnenglishteens.britishcouncil.org/study-break/video-zone/how-wash-your-hair-space

https://www.youtube.com/watch?v=MnIQ2_G8rxM

