






## DAILY ROUTINE

<b>Main theme addressed</b>	<b>In this lesson, you will learn vocabulary to talk about your daily routine and activities.</b>
<b>Key Goals</b>	<b>Here is an outline of what you will learn today:</b>  <b>1. Your personal daily routine</b>  <b>2. Activities</b>  <b>3. Cleaning</b>  <b>4. Going somewhere</b>


### 1. Basic vocabulary about daily routine

Let's start with some basic vocabulary to help you talk about your personal daily routine.

You will find these elements in the vocabulary list with a picture on the following page.

<p>brush your teeth</p>	
<p>brush your hair / comb your hair</p>	
<p>feed the cat</p>	
<p>get dressed</p>	
<p>get home</p>	

<p>go to bed</p>	
<p>have breakfast</p>	
<p>have lunch</p>	
<p>make dinner/ cook dinner</p>	
<p>have dinner</p>	

<p>wake up</p>	
<p>put make up on</p>	
<p>put my shoes on</p>	
<p>take a shower / have a shower</p>	
<p>take a bath / have a bath</p>	




**Exercise:**

**Fill the gap in the following sentences.**


1. I \_\_\_\_\_ at 7 am every day.
2. I don't have a bath in the morning, I take a \_\_\_\_\_.
3. I \_\_\_\_\_ my dog twice a day.

## 2. Activities

What do you do during the day? Here's some vocabulary to help you say it!

<p><b>exercise</b></p>	
<p><b>go out with a friend</b></p>	
<p><b>go shopping</b></p>	

<p>go to school</p>	
<p>have a break (u.k) – take a break (u.s)</p>	
<p>play the guitar</p>	
<p>read the news</p>	
<p>surf the net / go on the internet</p>	

<p>walk the dog</p>	
<p>water the plant</p>	


**Exercise:**

Fill the gap in the following sentences.

1. I ate too much around Christmas. I need to do some \_\_\_\_\_!
2. Every weekend I \_\_\_\_\_ with my friends.
3. I can't keep any plants, I always forget to \_\_\_\_\_ them.

### 3. Cleaning

Cleaning is not fun, but it must be done! Here are some expressions to help you tell what you clean.

<p>clean the window</p>	
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<p>cut the grass</p>	
<p>do the dishes</p>	
<p>do the laundry</p>	
<p>fold the clothes</p>	
<p>hang the clothes</p>	



iron the clothes



make the bed



wash the car



sweep the floor



take out the rubbish





**Exercise:**

**Fill the gap in the following sentences.**

1. I \_\_\_\_\_ my bed every morning.
2. I have dust allergy; it is difficult for me to \_\_\_\_\_ the floor.
3. For hygiene reasons, it is important to take out the \_\_\_\_\_  
regularly.

#### 4. Going somewhere

Here are the different things you do when you go somewhere.

<p>drive to work</p>	
<p>go for a walk</p>	

take a taxi / take a cab



wait for the bus



**Exercise:**

**Fill the gap in the following sentences.**

1. In the countryside, you \_\_\_\_\_ a long time for the bus.
2. I often \_\_\_\_\_ a walk when I get stressed.
3. I \_\_\_\_\_ to work every morning.

**Learn More:**

<https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/daily-routine>

<https://learnenglishteens.britishcouncil.org/study-break/video-zone/how-wash-your-hair-space>

[https://www.youtube.com/watch?v=MnIQ2\\_G8rxM](https://www.youtube.com/watch?v=MnIQ2_G8rxM)