

DAILY ROUTINE

Main theme	In this lesson, you will learn vocabulary to talk
addressed	about your daily routine and activities.
Key Goals	Here is an outline of what you will learn today:
	1. Your personal daily routine
	2. Activities
	3. Cleaning
	4. Going somewhere

1. Basic vocabulary about daily routine

Let's start with some basic vocabulary to help you talk about your personal daily routine.

You will find these elements in the vocabulary list with a picture on the following page.



brush your teeth	
brush your hair / comb your hair	
feed the cat	
get dressed	
get home	



go to bed have breakfast have lunch make dinner/ cook dinner have dinner



wake up	11 12 1 2 19 31 8 7 6 5
put make up on	
put my shoes on	
take a shower / have a shower	
take a bath / have a bath	



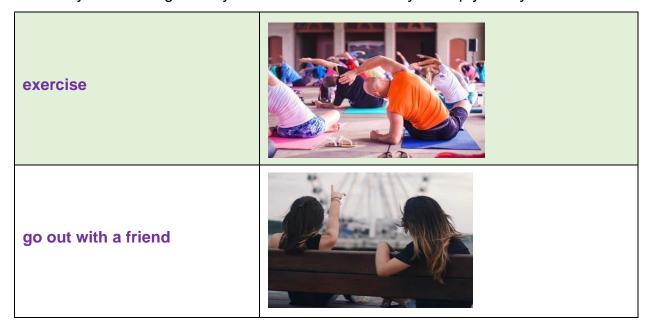
Exercise:		
Fill the gap in the following sentences.		
1.	I at 7 am every day.	
2.	I don't have a bath in the morning, I take a	
3.	I my dog twice a day.	

Answers:

- 1. wake up
- 2. shower
- 3. Feed

2. Activities

What do you do during the day? Here's some vocabulary to help you say it!







go shopping	Hans
go to school	
have a break (u.k) – take a break (u.s)	
play the guitar	
read the news	Charles for the Manner of



surf the net / go on the internet	SALANDAR AND
walk the dog	
water the plant	

Exercise:	
Fill the gap in the following sentences.	
1. I ate too much around Christmas. I need to do	o some!
2. Every weekend I	with my friends.
3. I can't keep any plants, I always forget to	them.

Answers:

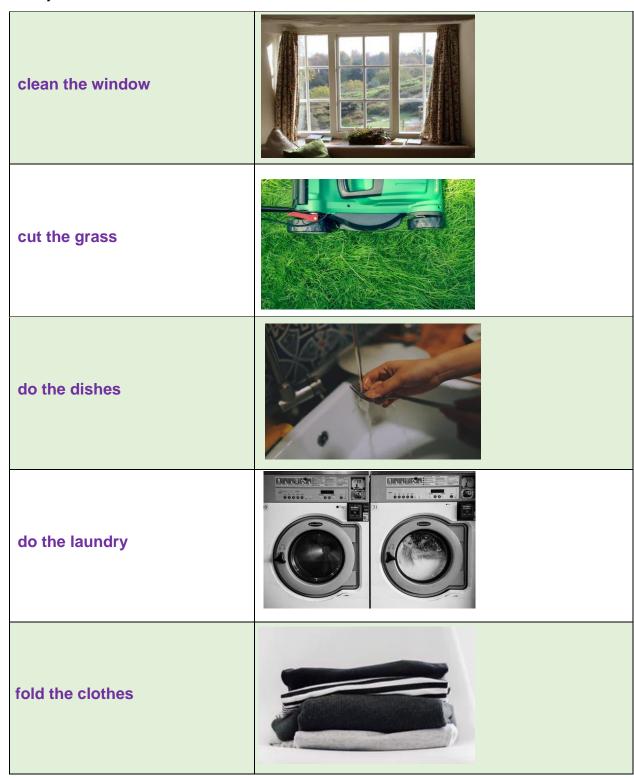
- 1. exercise
- 2. go out
- 3. water





3. Cleaning

Cleaning is not fun, but it must be done! Here are some expressions to help you tell what you clean.





hang the clothes	
iron the clothes	
make the bed	
wash the car	
sweep the floor	



take out the rubbish



Ex	Exercise:		
Fill the gap in the following sentences.			
1.	I my bed every morning.		
2.	I have dust allergy; it is difficult for me to	the floor.	
3.	For hygiene reasons, it is important to take out the		
	regularly.		

Answers:

- 1. make
- 2. sweep
- 3. rubbish



4. Going somewhere

Here are the different things you do when you go somewhere.





Ex	Exercise:		
Fill the gap in the following sentences.			
1.	In the countryside, you _	a long time for the bus.	
2.	I often	a walk when I get stressed.	
3.	I	to work every morning.	

Answers:

- 1. wait
- 2. go for
- 3. drive

Learn More:

https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/daily-routine

https://learnenglishteens.britishcouncil.org/study-break/video-zone/how-wash-your-hair-space

https://www.youtube.com/watch?v=MnIQ2_G8rxM