






DAILY ROUTINE

Main theme addressed	In this lesson, you will learn vocabulary to talk about your daily routine and activities.
Key Goals	Here is an outline of what you will learn today: 1. Your personal daily routine 2. Activities 3. Cleaning 4. Going somewhere

1. Basic vocabulary about daily routine

Let's start with some basic vocabulary to help you talk about your personal daily routine.

You will find these elements in the vocabulary list with a picture on the following page.

<p>brush your teeth</p>	
<p>brush your hair / comb your hair</p>	
<p>feed the cat</p>	
<p>get dressed</p>	
<p>get home</p>	

<p>go to bed</p>	
<p>have breakfast</p>	
<p>have lunch</p>	
<p>make dinner/ cook dinner</p>	
<p>have dinner</p>	

<p>wake up</p>	
<p>put make up on</p>	
<p>put my shoes on</p>	
<p>take a shower / have a shower</p>	
<p>take a bath / have a bath</p>	

Exercise:

Fill the gap in the following sentences.



1. I _____ at 7 am every day.
2. I don't have a bath in the morning, I take a _____.
3. I _____ my dog twice a day.

Answers:




1. wake up
2. shower
3. Feed

2. Activities

What do you do during the day? Here's some vocabulary to help you say it!

<p>exercise</p>	
<p>go out with a friend</p>	

<p>go shopping</p>	
<p>go to school</p>	
<p>have a break (u.k) – take a break (u.s)</p>	
<p>play the guitar</p>	
<p>read the news</p>	

<p>surf the net / go on the internet</p>	
<p>walk the dog</p>	
<p>water the plant</p>	

Exercise:

Fill the gap in the following sentences.

1. I ate too much around Christmas. I need to do some _____!
2. Every weekend I _____ with my friends.
3. I can't keep any plants, I always forget to _____ them.

Answers:

1. exercise
2. go out
3. water

3. Cleaning

Cleaning is not fun, but it must be done! Here are some expressions to help you tell what you clean.

<p>clean the window</p>		
<p>cut the grass</p>		
<p>do the dishes</p>		
<p>do the laundry</p>		
<p>fold the clothes</p>		

<p>hang the clothes</p>	
<p>iron the clothes</p>	
<p>make the bed</p>	
<p>wash the car</p>	
<p>sweep the floor</p>	

take out the rubbish



Exercise:

Fill the gap in the following sentences.

1. I _____ my bed every morning.
2. I have dust allergy; it is difficult for me to _____ the floor.
3. For hygiene reasons, it is important to take out the _____ regularly.

Answers:

1. make
2. sweep
3. rubbish

4. Going somewhere

Here are the different things you do when you go somewhere.

<p>drive to work</p>	
<p>go for a walk</p>	
<p>take a taxi / take a cab</p>	
<p>wait for the bus</p>	

Exercise:

Fill the gap in the following sentences.

1. In the countryside, you _____ a long time for the bus.
2. I often _____ a walk when I get stressed.
3. I _____ to work every morning.

Answers:

1. wait
2. go for
3. drive

Learn More:

<https://learnenglish.britishcouncil.org/vocabulary/beginner-to-pre-intermediate/daily-routine>

<https://learnenglishteens.britishcouncil.org/study-break/video-zone/how-wash-your-hair-space>

https://www.youtube.com/watch?v=MnIQ2_G8rxM